

UPO is based here in SW to work hand-in-hand with SW residents and community partners to create a healthier community by supporting and carrying out programs and services that address your urgent issues and needs.

We're ready to help you with job training and job placement, and please share your other concerns.



UNITING PEOPLE
WITH OPPORTUNITIES

Find us in:

Greenleaf Senior Building
1200 Delaware Avenue, SW

> 1st floor, Community Room (in the rear)

Monday thru Friday
8:45am – 5:00pm

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Contact:

Regina Murphy

UPO Director, Community Impact Division
(202) 238-4638

Joan Williams

UPO Volunteer
(202) 439-9359

Rhonda Hamilton

UPO, Community Impact Coordinator
(202) 316-5827

Our Community Impact team invites you and your SW neighbors to 4 events in the

**GREENLEAF SENIOR BUILDING'S
COMMUNITY ROOM**

1200 Delaware Avenue, SW

Feb. 10-12, 2025



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語言協助

如果您需要用 (中文) 接受幫助, 請電洽
(202) 238-4600, 將免費向您提供口譯員服務

AIDE LINGUISTIQUE

Si vous avez besoin d'aide en Français appelez-le
(202) 238-4600 et l'assistance d'un interprète vous
sera fournie gratuitement.

언어 지원

한국어로 언어 지원이 필요하신 경우
(202) 238-4600 로 연락을 주시면 무료로 통
역이 제공됩니다.

AYUDA EN SU IDIOMA

Si necesita ayuda en Español, por favor llame al
(202) 238-4600 para proporcionarle un intér-
prete de manera gratuita.

GIÚP ĐỠ VỀ NGÔN NGỮ

Nếu quý vị cần giúp đỡ về tiếng Việt, xin gọi
(202) 238-4600 để chúng tôi thu xếp có thông
dịch miễn đến giúp quý vị miễn phí.

“CAREGIVING RIGHTS INFO. SESSION”

Monday, Feb. 10

12 - 1 pm

Learn about your workplace rights around pregnancy, illness, and caregiving in a relaxed setting. You'll learn from First Shift Justice Project, which gives free legal information and services to people in the DC region. See you there!

Contact:

Rhonda Hamilton, Community Impact Facilitator
RHamilton@upo.org
(202) 316-5827

Joan Williams, UPO Volunteer
jewilliams763@gmail.com
(202) 439-9359

“DISCOVER OUR PROGRAMS + MAKE GREETING CARDS”

Monday, Feb. 10

2 pm

Join us! We'll share the programs and services that UPO brings to you and together we'll create handmade all-occasion greeting cards.

Contact:

Alicia Collins, Greenleaf Resident
sagelee52@gmail.com

Joan Williams, UPO Volunteer
jewilliams763@gmail.com
(202) 439-9359

“COOKING AND SEASONING WITH HERBS AND SPICES”

Tuesday, Feb. 11

12 noon

You'll learn to use natural herbs and spices to enhance flavor, boost health, and offer a natural way to reduce reliance on salt, sugar, and unhealthy fats.

Contact:

Rhonda Hamilton, Community Impact Facilitator
RHamilton@upo.org
(202) 316-5827

Joan Williams, UPO Volunteer
jewilliams763@gmail.com
(202) 439-9359

“FIRE SAFETY”

Wednesday, Feb. 12

12 noon

How do you reduce the damage and injuries caused by fires? You'll learn a set of methods, including: how to identify and reduce areas of fire risk, and how to develop an emergency evacuation plan if a fire breaks out..

Contact:

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RHamilton@upo.org
(202) 316-5827

Joan Williams, UPO Volunteer
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